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Assessing the Health of Dachigam Stream: A Water Quality Analysis

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Authors' contributions

This work was carried out in collaboration among all authors. All authors read and approved the final manuscript.

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ABSTRACT

As global populations rise and climate change impacts water cycles, the importance of water resources becomes increasingly critical for human sustenance. Streams, characterized by their unidirectional flow, are valuable systems for studying ecological phenomena across spatial and temporal scales. Maintaining good water quality is crucial for preserving biodiversity and ensuring individual and public health, environmental protection, and sustainable development. Analyzing water chemistry is a valuable tool for monitoring stream health, offering insights into pollutant levels and potential issues. This study assesses the spatiotemporal changes in water quality in the Dachigam stream in Kashmir, India. Data on various water quality parameters were collected over a year at six different sampling locations within the Dachigam National Park and surrounding areas up to the mouth of Dal lake. Parameters such as pH, dissolved oxygen, electrical conductivity, and nutrient concentrations were analyzed to evaluate stream health and identify potential sources of pollution. Results revealed significant spatiotemporal variability was evident in the sampled parameters, revealing notable differences in element concentrations across various sites. There was an observable trend of increasing concentrations from upstream to downstream locations. The observed escalation in pollution levels from upstream to downstream sites underscores heightened anthropogenic impacts in the downstream regions.

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1. INTRODUCTION

Water is a critical resource for humans as populations continue to grow and climate change affects global and local water cycles. Streams, characterized by their unidirectional flow. represent prime systems for investigating ecological phenomena across spatial and temporal scales [1]. Streams cover only 0.8% of the Earth's surface, but deliver several fundamental ecosystem services to mankind [2], such as they act as sources of drinking water, fisheries resources, irrigation supplies, and waste removal systems which are threatened by the multiple environmental pressures impacting these ecosystems [3,4]. Human impacts, such as from municipal. industrial. pollutants and agricultural changes, have a significant impact on water quality. Deforestation, transformation of natural catchments. and industrial oriain atmospheric deposition of nitrogen and sulfur are serious threats to water quality. Proper water maintenance of these quality freshwater ecosystems important is for preserving biodiversity. The increasing scarcity of freshwater resources [5], has amplified the urgency of water quality assessment. Maintaining good water quality is fundamental for ensuring individual and public health, environmental protection, and sustainable development [6]. The suitability and utility of any water resource are directly linked to and physical, chemical, biological its characteristics [7]. The chemical composition of water plays a critical role in defining the aquatic environment and maintaining its ecological balance. Various natural and anthropogenic factors can significantly influence stream water chemistry [8], potentially leading to adverse consequences to the ecosystem. Monitoring water chemistry serves an important tool for assessing freshwater stream health [8]. This approach offers valuable insights due to its sensitivity to various environmental changes, both natural and human-induced [3]. Analyzing water chemistry provides critical information about pollutants, acting as an early warning system for potential issues [9]. This information forms the basis for effective management and with strategies, comina up restoration safeguarding the health and sustainability of freshwater streams. Thus, to proficiently manage the water sources, there is a vital need to assess the spatiotemporal changes of water quality, to indicate the sources of pollution, and to control stream pollution [10,11,12].

2. MATERIALS AND METHODS

2.1 Study Area

Jammu and Kashmir lies in the northwestern region of India, with geographical coordinates ranging from 32° 17' to 36° 30' north latitude and 73° 26' to 80° 30' east longitude [13]. The region is characterized by a lacustrine basin, formed during the Pleistocene epoch through tectonic activity [13]. Embedded within the western Himalayas, the Kashmir Valley is recognized for its exceptional biodiversity, captivating natural beauty, and unique species composition. The valley is distinguished by a network of freshwater bodies, ranging in elevation from 1505 meters to 4000 meters above sea level. Dachigam National Park lies within the Srinagar district, Jammu and Kashmir, India (34°00'N - 34°11'N & 74°54'E - 75°09'E) [14]. It falls under the 2.38.12 (Himalayan Highlands) biogeographical province and the 2A Bio-geographic zone. It is Situated 21 km northeast of Srinagar, the park resides within the Zabarwan mountain range of the Himalayas [14]. The park is traversed by the Dachigam stream, originating from the high-altitude Marsar lake (4000 m) and fed by surrounding snowmelt. Tributaries of perennial and non-perennial nature join the stream throughout its course [14]. A portion of the stream feeds agricultural fields and floating gardens before flowing into the Harwan Reservoir (Sarband), supplying drinking water to parts of Srinagar. The remaining stream flows through the park's diverse vegetation and enters Dal Lake near Hazratbal. A major tributary, the Dara stream, joins the Dachigam stream at Wangund. The Telbal-Dachigam catchment, encompassing an area of 234.17 sq km (69% of the total area) and ranging from 1600 to 4250 meters above sea level, is the largest feeding ground for Dal Lake (Badar et al., 2013). Land cover is classified into 16 categories, with deciduous forest being the most dominant. Dachigam stream contributes approximately 80% of the total water inflow to Dal Lake (292 x 106 m3) [15].

To assess the current water quality of the Dagwan/Dachigam stream in Kashmir, data on various water quality parameters was collected over a year at six different sampling locations. The water samples were collected from six different study sites along the Dagwan stream designated as S1, S2, S3, S4, S5 and S6.

Site 1: This site was located inside the Dachigam National Park at geographical coordinates of 34.1492346 latitude; 74.9199326 longitude. This site was present on the upper side of Laribal Trout Farm.

Site 2: This site was also located inside the National park just outside the Laribal trout farm. It was situated at geographical coordinates of 34.1508167 latitude; 74.9186964 longitude.

Site 3: This site was located at Harwan new bridge in Harwan area at a geographical coordination of 34.162 latitude; 74.891 longitude.This site was exposed to anthropogenic activities like bathing during high stream flow.

Site 4: This site was located at Dara nallah confluence. This site was located within geographical coordinates of 34.1651827 latitude and 74.8733832 longitudes. This is the site where the other stream from Dara joins the Dagwan stream and together it flows as one.

Site 5: This site was located in Telbal village. The geographical coordinates of

this site is 34.1657875 latitude and 74.8674404 longitudes. This site is surrounded by village.

Site 6:Telbal nallah: This site is located near market place surrounded by human habitation near Telbal nallah besides embankment. This site has been subjected to intense human pressure and has produced stretches of stagnant water in which locals litter. This site has also been used intensely for washing the clothes.

Monthly sampling was done from September 2021 to August 2022 to monitor the changes caused by seasonal hydrological cycle. Sample preservation, transportation, and analysis were done within 24h as per standard methods [16]. The parameters such as air and water temperature, depth, and transparency were determined on the spot while other parameters were determined in the laboratory. The other water quality parameters include pH, dissolved oxvaen (DO), electrical conductivity (EC). ammoniacal- nitrogen (NH₄-N), nitrate-nitrogen (NO₃–N), total phosphorus (total-P), were also analyzed. Results obtained were verified by careful calibration and blank measurements (American [16].

Data handling and statistical analysis of physicochemical parameters of water samples were obtainable as mean values and study using expressive analysis.



Fig. 1. Map representing sampling sites

3. RESULTS AND DISCUSSION

3.1 Air Temperature

During the present investigation, air temperature recorded the lowest value of 4.5 °C at site 1 in the month of February while the highest of 29.6°C was recorded in the month of August at site 6 with an overall mean \pm S.E of 16.7 \pm 2.04. The variation in the air temperature (°C) on monthly basis at different sites of Dachigam Stream is graphically represented in Fig. 1. This constant decrement of temperature as winter season is approached and then steady increment of temperature as moving towards summer can be related to fluctuation in solar radiation and photoperiod over the course of sampling period. The lowest air temperature in winter season was due to short photoperiod, cold atmosphere and the highest during summer was due to clear atmosphere and higher solar radiation. These results are in confirmation with Vyas et al. 2013 in Barna Stream [17]; Arafat et al., 2022 in Vishav stream [18].

3.2 Water Temperature

Water temperature is of enormous significance as it regulates various abiotic characteristics and biotic activities of an aquatic ecosystem [19]. Durina the current investigation, water temperature exhibited variations, with the lowest recorded value of 4.8°C at site 4 in December. and the highest of 19.2°C in August at site 6, resulting in an overall mean \pm S.E of 12.1 \pm 0.96. Significant differences (p < 0.05) in water temperature were observed across different seasons, likely attributed to the influence of air temperature, which in turn is affected by solar radiation intensity, atmospheric clarity, and winter conditions characterized, by reduced solar radiation and shorter daylight hours. Moreover, significant differences (p < 0.05) in water temperature were also noted among sampling sites, possibly due to local factors such as latitude, elevation, and riparian shading. These findings align with previous studies conducted on the river Tawi, [20] and on the Baldi stream in the Garhwal Himalayas [21], as well as on the river Jhelum [22], on the Vishav stream [18], on various streams in the United States [23], on Oregon streams [24], and on streams in Tanzania [25].

3.3 Depth

Depth has an important impact on the physicochemical variables of water in aquatic

ecosystem. It's a significant determinant for growth and development of diverse vegetative life forms, as well as for absorbing ions in water masses and productivity of the ecosystem [26,27].

During the present study, depth recorded lowest value of 0.05m at site 3 in the month of February while the highest value of 0.82 m was recorded in the month of August at site 5 with an overall mean ± S.E of 0.33±0.04. Depth varied significantly (p<0.05) between seasons. The depth of water in the stream was low in winter and high in summer. During winter, freezing of water at higher altitudes resulted in low water volume and hence low flow, while during spring summer melting of snow led to increased flow in the stream in addition to received precipitation in the form of rainfall. This was also reported by [28] while studying the lakes of J&K who related depth variation to inflow discharge rate and precipitation amount in the form of rain. This was also observed the dependence of depth over the volume of water column, discharge rate of inflow, precipitation forms and other anthropogenic activities in different water bodies of the Jammu and Kashmir [29]. On the other hand, the decrease in water depth during winter season can be related to reduction in water flow from the source of water due to cold climatic conditions. And also it might be attributed to low rainfall and diversion of water for other purposes. Low volume of water in Lidder stream was also repoted during winter [30].

3.4 Water Transparency

Transparency is one of the physical parameter of water and is a characteristic which is indicative of the degree to which sunlight can penetrate through water [29]. Water transparency recorded lowest value of 0.05 m at site 3 in the month of February while the highest value of 0.71 m was recorded in the month of March at site 1 with an overall mean ± S.E of 0.25±0.04. During the present investigation, the water transparency varied significantly (p<0.05) both between seasons and sites with highest mean being recorded spring season. The in water transparency results were similar to the depth of the sites as the stream depth was shallow and the substrate was clearly visible. However, low transparency values at middle and lower stretches can be related to suspended materials brought by stream flow from their catchment. In river Jhelum also recorded that the reason for significant reduction in water transparency can



Fig. 2. Monthly variation in air temperature (°C) at different sites in dachigam stream



Fig. 3. Monthly variation in water temperature (°C) at different sites in dachigam stream

be associated with large amounts of suspended matter [31]. Water transparency was related with suspended particles, settlement of sand silt from catchment area in Anchar [29].

3.5 pH

It is a measure of whether the liquid is acidic or alkaline. It serves as an index for sustainability of environment and an important factor affecting productivity [32]. Overall during the present study, pH recorded lowest value of 6.7 at site 5 in the month of December, February and April while the highest value of 8.8 was recorded in the month of October at site 4 with an overall mean \pm S.E of 7.4 \pm 0.17. During the study period, a significant difference (p<0.05) was recorded between the sampling sites and this difference was also observed on seasonal basis. The decrease in pH values observed during spring can be attributed to increased rainfall and snowmelt elevating water levels. Other factors influencing pH variation include the combined effects of low temperatures and carbon dioxide concentrations in the water, resulting from the conversion of bicarbonate into carbonate. Allan and Castillo stated that pH in natural waters, is influenced by the presence of H+ ions from the dissociation of H_2CO_3 and OH^- ions from the hydrolysis of bicarbonate [33]. It was noted that stream pH is influenced by the acidity of precipitation and the extent to which this acidity is neutralized by cations supplied through rock weathering [34,35].





Fig. 4. Monthly variation in depth (m) at different sites in dachigam stream



Fig. 5. Monthly variation in water transparency (m) at different sites in dachigam stream



Fig. 6. Monthly variation in pH at different sites in dachigam stream

3.6 Electrical Conductivity

The ability of water to conduct an electrical current is measured by its conductivity. During present study, electrical the conductivity recorded lowest value of 73.2uS/cm at site 2 in the month of May while the highest value of 495.3µS/cm was recorded in the month of October at site 6 with an overall mean ± S.E of 204.9±23.0 with a significant difference (p<0.05) between the seasons. Higher values might be owed to lesser volume of water in lean months; it may also be due to the leaching of soluble materials from fallen leaves, and interaction of catchment rocks with the water. less water flow rate, low rainfall and divergence of water for irrigation. A rise in conductivity was recorded as a result of increased leachate from fallen leaves in a South American stream [36]. In mountainous stream of Telbal-Dachigam catchment reported that the higher value in the stream during winter can also be related to simple concentration effect [37]. On contrary to our study, few studies of recorded higher values of EC during summers and attributed it to increase in temperature leading to increasing the mobility of ions [38,22,18].

3.7 Dissolved Oxygen (DO)

Oxygen is present in dissolved form in an aquatic ecosystem. It is among one of the important variable for evaluating the quality of water, which is essential to maintain biotic forms in water. Dissolved oxygen (DO), a pivotal parameter in stream ecology [39,40,41] is intricately linked to the biological oxygen demand within the stream. The measurement of dissolved oxygen widely used and is the most essential of all chemical methods available for studying the aquatic environment [42]. Overall, DO recorded lowest value of 4.4mg/L at site 6 in the month of August while the highest value of 13.6 mg/L was recorded in the month of January at site 2 with an overall mean ± S.E of 8.35±0.58. During the present study, the DO values were significantly different (p<0.05) between sites was found. DO shows decrement downstream. Increased dissolved oxygen levels upstream may be correlated with lower air temperatures due to higher altitudes and the presence of dense riparian vegetation cover which cause low temperature, pristine condition of water, and stronger water currents with substrate composition of boulders, pebbles or cobbles which increases turbulence. While lower values at downstream can be attributed to increased water temperature, organic pollution, nutrient

runoff from the local farming terraces, human intervention. Similar results were observed in various streams in Puerto Rico who reported DO varied from land use to forested streams and from upstream to low stream in response to the organic pollution and water temperature [43]; in Barna stream [17]; in Jhelum river [31]; in Baldi stream [21]; in stream draining in Gilgel Gibe catchment [44] who observed forest streams have high DO and low water temperature because of the riparian vegetation cover. Welch noted that in unaltered aquatic ecosystems, running waters frequently exhibit comparatively elevated concentrations of dissolved oxygen, with tendencies toward reaching saturation levels [32].

3.8 Free Carbon Dioxide (mg/L)

Carbon dioxide is highly soluble in water and atmospheric carbon dioxide is absorbed at the air-water interface [45]. In addition, CO₂ is produced within water bodies by the respiration of aquatic biota, during aerobic and anaerobic decomposition of suspended and sediment organic matter [46]. Overall during the present study, free CO₂ recorded lowest value was below detectable level at site 2,3,4 and 5 in the month of October, November, December, January and May while the highest value of 28 mg/L was recorded in the month of December at site 6 with an overall mean ± S.E of 10.4 ±6.02. During the present study, the free CO₂ values have significant difference (p< 0.05) between sites. The lower values of free CO₂ are related to shallow depth, clean water, less organic matter and low decomposition activity and high pH due to which dissociation of carbonic acid occurs, bicarbonates and carbonates are present, and CO_2 and H_2CO_3 are no longer detectable. The increase in the concentration of free CO₂ at downstream can be due to decomposition of organic wastes and possible groundwater 2inflow, which are considerably enriched by CO₂ due to soil respiration throughout the catchment [47]. These results are on line with Asa Lake Llorin where high CO₂ was attributed with increased decomposition activity [48], and in Anchar Lake [49,29].

3.9 Chloride

Chloride exists in all natural waters. In freshwaters, the sources include soil and rock formation, sea spray and waste discharges from man and other animals that excrete very high quantities of chloride. Overall during the present study, chloride concentration recorded lowest

value of 4.5 mg/L at site 1 in the month of June while the highest value of 28.0 mg/L was recorded in the month of February at site 6 with an overall mean \pm S.E of 13.1 \pm 1.2. During the present investigation, chloride values have a significant difference (p<0.05) between the sites and seasons, minima being at upstream and maxima at downstream. The chloride values increasing while showed trend moving downstream which can be attributed to increase in organic pollution because anthropogenic activities increases downstream. During summer, low concentration of chloride can be owed to dilution effect of running water and high stream flow while during winter; high value can be due to shallow depth and low stream flow. The similar results were shown in river Jumna [50], in river Ganga and Jumna [51], in river Niger [52] and in mountain streams in northeastern US [53] and observed the maximum chloride concentration corresponding with lower water levels and the minimum of concentration appearing as a result of precipitation. It was considered the flow of the river influencing the fluctuations and variations of the mineral content in the river Lot [54]. These results are in line with in Highland Creek watershed of Toronto [55], in Barna stream and Jhelum river [17,31], in Wei river basin [56], in Dachigam stream [38], High chloride levels was observed with low water level and low stream flow [57]. It was observed that the Vishav stream waters are saturated with chloride salts due to continuous influx from the domestic sewage from the anthropogenic sources along the riparian zones [18].

3.10 Ammonical-Nitrogen

Ammonia is an important component of the nitrogen cycle in streams, where it can be dissolved or coupled with sediments. There is chemical equilibrium in aqueous solutions between un-ionized ammonia (NH₃), ionised ammonia (NH₄⁺), and hydroxide ions (OH⁻).Unionised ammonia (NH₃) is extremely toxic to aquatic life, especially fish, whereas ionised ammonia (NH₄⁺) is significantly less hazardous. Furthermore, unionised ammonia can be hazardous to Nitrosomonas and Nitrobacter bacteria, slowing the nitrification process [58,59,60,61,62,63]. Overall, ammonicalnitrogenconcentration recorded lowest value of 33.1µg/L at site 1 in the month of April while the highest value of 421.6µg/L was recorded in the month of August at site 6 with an overall mean ± S.E of 188.6± 26.0. During the present study, there was a significant difference (p<0.05) between the mean values of ammonical- nitrogen

between sites. There was an increase in mean concentration of ammonia downstream which could be a direct result of human interference downstream and addition of organic and inorganic waste in waterbodies, leaching from the agricultural farms in the catchment. Several authors such as in temperate forest stream in Tennessee [64,65], in Taizi River [66], in Dongjiang River basin, China, [67] and in three different streams in Gilgel Gibe catchment, Southwest Ethiopia [44] also observed increased human activity causes an increase in the quantity of ammonium nitrogen in freshwater, suggesting that water quality varies depending on land-use type. It was observed that land use is more influential upstream in larger stream while local land use and other factors may be more important in smaller streams [68]. It was of nutrients observed net transformation delivered downstream from inorganic to dissolved organic or particulate forms can also occur as a result of in stream activities [69]. The influence of land use was greater in flatter portions of the stream than in steeper areas [56], which is consistent with present study.

3.11 Nitrate-Nitrogen

The most prevalent form of nitrogen is nitrate, and different transformational events including denitrification, and nitrification. biological absorption affect how readily available nitrate is [70]. During the present study, the nitratenitrogenconcentration recorded lowest value of 114µg/L at site 2 in the month of May while the highest value of 577.8µg/L was recorded in the month of October at site 6 with an overall mean ± S.E of 286.2 \pm 24.3. During the present study there was a significant difference (p<0.05) between the mean values of nitrate- nitrogen between sites and there is an increase in the concentrations as we move downstream. The lower concentration of nitrate at upstream can be attributed to no human intervention, no household runoff, dilution factor of water while as high concentration at downstream might be influenced by rapid nitrification process domestic wastes, agricultural activities from upstream, surface runoff and leaching of nitrophosphate fertilizers from nearby farms. Bellinger et al 2006 also reported slightly high nitrate concentration in stream areas having deforested watersheds containing small villages. The linked nitrogen containing fertilizers when applied to crops at high levels leading to leaching into and groundwater which surface causes significant increase in river nitrate concentration [71,72]. High amount of nitrate in the water downstream on a urban site of stream because of high rate of denitrification and the rate of nutrient discharge is greater than the rate of denitrification in the stream [44] which was also in line with works of in Han River [73], in River Yobe-Nigeria [74].



Fig. 7. Monthly variation in electrical conductivity (µS/cm) at different sites in dachigam stream

Table 1. Values of different physicochemical parameters of surface water samples of
Dachigam stream for a period of 1 year

S.no.	Variable		Min.	Max.	Mean +S.E.
1.	Air temperature	C	4.5(feb)	29.6 _(aug)	16.7 ± 2.04
2.	Water temperature	C	4.8(dec)	19.2 _(aug)	12.1 ± 0.96
3.	Depth	m	0.05(feb)	0.82 _(aug)	0.33 ± 0.03
4.	Water transparency	m	0.1 _(oct,apr,july)	0.71 _(mar)	0.26 ± 0.02
5.	рН		6.7(dec,feb,apr)	8.8(oct)	7.4±0.17
6.	Electrical conductivity	µScm⁻¹	73.2 _(may)	495.3(oct)	204.9 ± 20.7
7.	Dissolved oxygen	mg/L	4.4 (may)	13.6 _(jan)	8.35 ± 0.32
8.	Free Carbon dioxide	mg/L	0(oct, nov,dec, jan, may)	28(dec)	10.4 ± 6.02
9.	Chloride	mg/L	4.5 jun)	24.7(nov)	13.1 ±1.2.
10.	Nitrate- nitrogen	(µg/L)	106.5 _(may)	577.8 _(oct)	307.6 ± 25.4
11.	Ammonia- nitrogen	(µg/L)	33.1 (apr)	421.6 (aug)	188.6 ± 26.0
12.	Total Phosphorus	(µg/L)	62.7(mar)	881.3(nov)	293.0 ± 20.9



Fig. 8. Monthly variation in dissolved oxygen (mg/L) at different sites in dachigam stream





Fig. 9. Monthly variation in free CO₂ (mg/L) at different sites in dachigam stream



Fig. 10. Monthly variation in chloride (mg/L) at different sites in dachigam stream



Fig. 11. Monthly variation in ammonical-nitrogen(µg/L) at different sites in dachigam stream





Fig. 12. Monthly variation in nitrate-nitrogen (µg/L) at different sites in dachigam stream



Fig. 13. Monthly variation in total phosphorus (µg/L) at different sites in dachigam stream

3.12 Total Phosphorus

Phosphorus occurs in natural water primarily as dissolved ortho-, pyro-, and polyphosphates [75]. The main source of phosphorus is found in rocks and sediments, as opposed to another limiting component, N, which is fairly abundant in the atmosphere. It is slowly released by weathering, and in unpolluted waters, it is frequently insufficient compared to metabolic demand. Phosphorus concentrations are often higher where sedimentary rock deposits drain and lower where crystalline bedrock is present [33].

During the present study, the total phosphorus concentration recorded lowest value of 62.7μ g/L at site 1 in the month of September while the highest value of 881.3μ g/L was recorded in the month of November at site 6 with an overall mean ± S.E of 293.0 ± 35.0. During present investigation, the significant the difference (p<0.05) was found spatially for total phosphorus concentration. The fluctuating values of total phosphorus as it moves downstream for the Dachigam stream can be attributed to the nature of the geology of the drainage basin and leaching from agricultural lands usina phosphorus based fertilizers in the catchment. It was observed the weathering of rocks results in of phosphates high concentrations [76]. Phosphorus produced by plant breakdown and stored in the organic layer of the soil enters streams via surface runoff and subsurface pathways [77]. Areas with steep slopes and little vegetation cover, sediment eroded during storms carries phosphorus with it. Authors found that the

concentrations of phosphorus in surface runoff vary with the amount of phosphorus in surface soils and the proximity of P- rich soils to the stream channel [78,79,80].

4. CONCLUSION

The research explored the water quality status, spatial distribution, and temporal variations along the Dachigam stream, utilizing a variety of methodologies. Significant statistical spatiotemporal variability was apparent with parameters sampled. Disparities in element concentrations were observed among different sites, with an overall trend indicating an increase from upstream to downstream sites. Analysis of physicochemical parameters suggests а noticeable decline in water quality downstream, although it remains within acceptable limits for various purposes such as drinking, irrigation, washing, agriculture, and fisheries. The increasing pollution levels observed from upstream to downstream sites suggest heightened anthropogenic influences in These findinas downstream reaions. are expected to inform the development of a comprehensive watershed management strategy aimed at improving the water quality of this significant stream.

COMPETING INTERESTS

Authors have declared that no competing interests exist.

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Chashoo et al.; Int. J. Environ. Clim. Change, vol. 14, no. 4, pp. 356-371, 2024; Article no.IJECC.115659

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